

Polardistans 2022 - Track profil

1. Start - Öjvasseln 300
Distane appr. 85

From	To	Gives	Acc. sum
420	680	260	260
680	620	-60	
620	940	320	580
940	840	-100	
840	900	60	640
900	600	-300	
Total climbing:			640

2. Öjvasseln - Öjvasseln 300
Distane appr. 120

From	To	Gives	Acc. sum
600	580	-20	
580	600	20	20
600	540	-60	
540	680	140	160
680	620	-60	
620	940	320	480
940	590	-350	
590	860	270	750
860	700	-160	
700	940	240	990
940	840	-100	
840	900	60	1050
900	600	-300	
Total climbing:			1050

3. Öjvasseln - Finish, 300
Distane appr. 85

From	To	Gives	Acc. sum
600	580	-20	
580	600	20	20
600	540	-60	
540	820	280	300
820	800	-20	
800	960	160	460
960	860	-100	
860	900	40	500
900	840	-60	
840	900	60	560
900	880	-20	
880	900	20	580
900	460	-440	
460	480	20	600
480	420	-60	
420	430	10	610
Total climbing:			610

Summary		
Distance/climbing		
	Total	
	Climbing	Distance
Polardistans 160	1250	170
Polardistans 300	2300	290
Altitude for start/finish & checkpoint		
Checkpoint	Altitude	
START/FINISH	430	
Öjvasseln	600	

1. Start - Öjvasseln 160
Distane appr. 85

From	To	Gives	Acc. sum
420	680	260	260
680	620	-60	
620	940	320	580
940	840	-100	
840	900	60	640
900	600	-300	
Total climbing:			640

2. Öjvasseln - FINISH, 160
Distane appr. 85

From	To	Gives	Acc. sum
600	580	-20	
580	600	20	20
600	540	-60	
540	820	280	300
820	800	-20	
800	960	160	460
960	860	-100	
860	900	40	500
900	840	-60	
840	900	60	560
900	880	-20	
880	900	20	580
900	460	-440	
460	480	20	600
480	420	-60	
420	430	10	610
Total climbing:			610